

## CENTRE RULES

You must abide by these rules and follow instructions given by centre staff at all times.

- It may be necessary to change the centre rules. Any changes will be displayed in the Centre.
- We will remove any items left in lockers overnight and keep them for a period of 4 weeks.
- We reserve the right to change the Centre's opening times and will endeavour to notify customers in advance.
- Whilst every endeavour will be made to offer the activities/facilities advertised, we cannot guarantee that the programme will not change from time to time.
- In the event of an accident or injury being sustained whilst using the facilities, you must report the incident to a member of staff.
- The following are not permitted in the Centre:
  - Bringing and consuming alcohol.
  - The taking or possession of illegal drugs.
  - The use of electronic and photographic equipment without written permission from the Centre Manager.
  - The consumption of food and drink in the Centre Coffee Shop that is not purchased from the Centre Coffee Shop or Vending Machines.
  - The plugging in of any electrical devices due to electrical safety regulations.
- Suitable footwear appropriate to the activity must be worn at all times.
- Customers must give at least 24 hours' notice when cancelling any booking (including exercise classes). Failure to honour any booking without giving 24 hours' notice may result in the individual being liable for the full charge should we be unable to re-let the facility or activity.
- It may be necessary to undertake essential maintenance to the facility and its equipment at any time. Every attempt will be made to provide advance notice and to minimise disruption and inconvenience. Sencio Community Leisure reserves the right to offer recompense only in the event of full and prolonged closure at their sole and absolute discretion. Sencio Community Leisure shall not be liable for any default in service or equipment that is unavailable due to breakdown or circumstances beyond its reasonable control.

- Personal items that are left in the Centre are left at the customers' risk and Sencio Community Leisure cannot accept liability for any loss to or damage to such belongings. Lockers should be used where available but their use does not guarantee that theft or damage will not occur.
- Customers who break or damage equipment other than through its proper use will be liable for the cost of repair or replacement. Customers using the gym or taking part in other high activity exercise are requested to consider other users and to mop up any perspiration they create on the equipment.
- Customers must at all times adhere to all Health and Safety regulations applicable to the activity or facility, including all safety instructions issued by Centre staff.
- Use of individual facilities/equipment within the Centre is subject to the rules that may apply to the facility/equipment as may be displayed or imparted by Centre staff. Customers are advised to follow these instructions carefully, as Sencio Community Leisure will not accept liability for any injury caused by the incorrect or improper use of a facility/equipment or through customers ignoring instructions given.
- If you have any concern about your physical condition you must consult with your GP before commencing any exercise programme. You are responsible for monitoring your own health and wellbeing and any condition you may have. Customers are responsible for their own welfare and judgement as to whether they should pursue a particular activity.
- You should only use the facilities/activities if you are satisfied that you are capable of doing so.
- The use of the facilities/activities is entirely at your own risk except where there is negligence or breach of legal responsibility by us.

#### CUSTOMERS USING THE FITNESS GYM - READY TO GO DECLARATION

- Before using any gym equipment you must complete a 'Ready to Go' declaration and undergo a supervised induction session. We can refuse access to the gym if we consider that your health may be adversely affected.

#### MEMBERSHIP & IDENTIFICATION

For a full breakdown of our Ts&Cs, please refer to our Membership Agreement.

- All members must present their membership card each time they use the facilities in order to qualify for reduced rates entitled by their card. If a member allows another person to use his/her card we reserve the right to cancel their membership.
- If you lose your membership card a new one will be supplied at an additional fee, a list of charges is available from reception.

- You are only entitled to use the facilities/activities available stipulated within your category of membership.
- Members with certain membership categories may have to pay additional charges to use particular facilities. A list of these charges is available from reception. We reserve the right to change these charges at any time.
- Membership is personal to the particular member it is granted to and cannot be assigned or transferred to or used by another person. We reserve the right to cancel your membership if it is used by someone else.

#### ADMISSIONS

- The Duty Manager has the right to refuse admission and may similarly require any person to leave the Centre at any time if their behaviour or appearance is deemed inappropriate.
- We operate an under 8s swimming policy. Please ask at reception for details.
- In the event of an emergency, such as evacuation of a centre, all customers must follow the safety instructions issued by centre staff. Failure to do so could result in them putting themselves and others, including staff, at risk.