

4th September - 17th December 2017 MAIN POOL PROGRAMME

	6.15	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
MONDAY		Morning Lane Swim 6.15am - 9.00am		Public Swim	Primetime	Aquafit	Public Swim	Schools 1.15-2.45		Public Swim 2.45-6.00pm			Piranhas Swim Club * 6.00pm-9.30pm			Lane Swim	
TUESDAY		Morning Lane Swim 6.15am - 9.00am		Schools	Public Swim 9.30-11.00	Aquafit		Public Swim 12.00 - 4.00pm			Swimming Lessons			Public Swim 6.00-9.00	Aqua		
WEDNESDAY		Morning Lane Swim 6.15am - 9.00am		Schools	Primetime	Aquafit	Public Swim 11.00am-2.00pm	Schools	Public Swim 2.30-4.00		Swimming Lessons		Piranhas Swimming Club		Public Swim 8.30-10.00		
THURSDAY		Morning Lane Swim 6.15am - 9.00am		Schools		Swim Fit			Public Swim 9.30am - 10.00pm				# Piranhas Swim Club 6.00pm-9.00pm				
FRIDAY		Morning Lane Swim 6.15am - 9.00am		Public Swim 09:00-11:00		Aquafit		Public Swim 12.00pm-6.00pm		Swimming Lessons		Private Hire		Piranhas Swimming Club			
SATURDAY			Lane Swim 8.00-9.00		Swimming Lessons		Public Swim 11.00am - 2.30pm	Inflatable 2.30-3.30		Birthday/Private Hire or Public Swim if no booking. Contact reception on the day to see if Public Swim							
SUNDAY			* Piranhas 8.00am-9.30am		Public Swim 9.30-11.00		Inflatable 11.00-12.00	Public Swim 12.00pm - 3.30pm		Private Hire 3.30pm-5.30pm							
	6.15	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10

All Swimming Sessions end 10 minutes before the stated times.

Piranhas *Three Lanes, # Two Lanes

TEACHING POOL PROGRAMME

	6.15	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
MONDAY					Lessons			Public Swim 11.00am-4.30pm			Swimming Lessons						
TUESDAY								Public Swim 9.00am - 4.00pm			Swimming Lessons						
WEDNESDAY					Schools	Public Swim 10.00 - 12.00	Toddler Splash	Public Swim 1.00pm-4.00pm			Swimming Lessons						
THURSDAY					Lessons 9.30-10.30			Public Swim 10.30am - 4.00pm			Swimming Lessons		Public Swim				
FRIDAY					Swimming Lessons	Public Swim	Toddler Splash	Public Swim 1.00pm-4.00pm			Swimming Lessons						
SATURDAY			Public Swim		Swimming Lessons 9.00am - 12.00noon		Public Swim 12.00noon - 2.30pm			Birthday/Private Hire or Public Swim if no booking. Contact reception on the day to see if Public Swim							
SUNDAY							Public Swim 9.00am - 3.30pm										
	6.15	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10

Edenbridge Leisure Centre reserves the right to alter the programme or cancel activities.

Your Guide to our Swimming Programme

Early Morning Swim

Set yourself up for the day with a refreshing and invigorating dip.

Public

These sessions are open to swimmers of all abilities and in the main pool we have a lane allocated for those who take their exercise seriously.

Prime Time (50+)

Special sessions to enjoy a relaxing swim in a child free environment

Aquafit

A variety Aerobic and Conditioning classes performed in the water. Water exercise improves fitness, muscle tone and reduces stress on the joints

Lane Swim

Special sessions with a minimum of one lane

Parties & Private Hire

Special sessions especially for parties, galas and any special occasion. Call the centre for prices and availability.

Swim Loyalty Card T & Cs

-The Swim Loyalty Card is available to over 16's purchasing an adult swim ticket.

-It can not be used on family or Junior swim ticket.

-It's not available to Advantage Card Holders.

-The card can only be used during Public swim sessions

Lessons

We offer a comprehensive STA programme covering all levels of ability for everyone – from babies to adults who have never before acquired confidence and skills in the water

Inflatable Fun

Come and join the fun in our pools with toys, games and giant inflatable* in the main pool. Perfect for amazing wild, crazy and wacky waterborne fun.

(*inflatable is subject to availability)

Piranhas

Private Hire for the local swimming club

Toddler Splash

Fun enjoyable play session with toys

Swimming & Pool Use Policy

1 Adult to 2 Children where Children are 4 years or younger or

1 Adult to 3 Children where at least 2 children are over 4 years but under 8

Under 8 years Policy

Children under the age of 8 must be accompanied in the water by a parent, guardian or swimming adult who must be over the age of 16 years

Lockers

Our Wetside lockers take a non refundable 20p coin

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**Centre Phone Number:
01732 865665**