

Edenbridge Term Time Pool Programme

3rd September - 16th December 2018

MAIN POOL PROGRAMME

	6.15	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
MONDAY			Fitness Swim 06:15-08:50		Public Swim	Primetime	Aqua	Public Swim 12:00 -17:50						* Club 18:00-21:30			Fitness swim
TUESDAY			Fitness Swim 06:15-08:50		Schools	Public Swim 09:30-10:50	Aqua	Public Swim 12:00-15:50			Swimming Lessons		Public Swim 18:00-20:50		Aqua		
WEDNESDAY			Fitness Swim 06:15-08:50		Public Swim	Primetime	Aqua	Public Swim 11:00-13:50		Schools	Public Swim 14:30-15:50	Swimming Lessons	Club 18:00-20:30			Public Swim 20:30-21:50	
THURSDAY			Fitness Swim 06:15-08:50		Schools		# Swim Fit	Public Swim 09:30-21:50						# Swimming Club 6.00pm-9.00pm			
FRIDAY			Fitness Swim 06:15-08:50		Public Swim 09:00-11:00		Aqua	Public Swim 12:00-13:50	Schools	Public Swim 14:30-18:50		Swimming Lessons	Staff Training	Club 19:00-21:30			
SATURDAY			Fitness Swim	Swimming Lessons		Public Swim 11:00-14:20		Inflatable 14:30-15:30	Party/Private Hire or Public Swim if no booking. Contact reception on the day to see if Public Swim								
SUNDAY			* Club Fitness Swim	Public Swim 09:30-10:50		Floats & Fun 11.00-12.00		Public Swim 12:00-15:20			Private Hire 15:30-17:30						

*Three Lanes, # Two Lanes

TEACHING POOL PROGRAMME

	6.15	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	
MONDAY					Swimming Lessons		Public Swim 11:00-15:50				Swimming Lessons							
TUESDAY					Public Swim 09:00-15:50						Swimming Lessons							
WEDNESDAY					Public Swim 09:00-11:50		Toddler Splash	Public Swim	Schools	Public Swim 14:30-15:50		Swimming Lessons						
THURSDAY					Lessons 9.30-10.30	Public Swim 10:30-15:50				Swimming Lessons		Public Swim						
FRIDAY					Public Swim 09:00-11:50		Toddler Splash	Public Swim	Schools	Public Swim 14:30-15:50		Swimming Lessons						
SATURDAY				Public Swim	Swimming Lessons 09:00-12:00		Public Swim 12:00-14:20		Party/Private Hire or Public Swim if no booking. Contact reception on the day to see if Public Swim									
SUNDAY					Public Swim 09:00-15:20													

Edenbridge Leisure Centre reserves the right to alter the programme or cancel activities.

Your Guide to our Swimming Programme

Fitness Swim

Set yourself up for the day with a refreshing and invigorating dip.

Public Swim

These sessions are open to swimmers of all abilities and in the main pool we have a lane allocated for those who take their exercise seriously.

Prime Time (50+)

Special sessions to enjoy a relaxing swim in a child free environment

Aqua

A variety Aerobic and Conditioning classes performed in the water. Water exercise improves fitness, muscle tone and reduces stress on the joints

Party & Private Hire

Special sessions especially for parties, galas and any special occasion. Call the centre for prices and availability.

Swim Loyalty Card T & Cs

- The Swim Loyalty Card is available to over 16's purchasing an adult swim ticket.
- It can not be used on family or Junior swim ticket.
- It's not available to Advantage Card Holders.
- The card can only be used during Public swim sessions

Lessons

We offer a comprehensive STA programme covering all levels of ability for everyone – from babies to adults who have never before acquired confidence and skills in the water

Inflatable Fun

Come and join the fun in our pools with toys, games and giant inflatable* in the main pool. Perfect for amazing wild, crazy and wacky waterborne fun.

(*inflatable is subject to availability)

Club

Private Hire for the local swimming club

Toddler Splash

Fun enjoyable play session with toys

Swimming & Pool Use Policy

1 Adult to 2 Children where Children are 4 years or younger or

1 Adult to 3 Children where at least 2 children are over 4 years but under 8

Under 8 years Policy

Children under the age of 8 must be accompanied in the water by a parent, guardian or swimming adult who must be over the age of 16 years

Lockers

Our Wetside lockers take a non refundable 20p coin

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**Centre Phone Number:
01732 865665**