

2018 Play Programme

ACTIVITIES DESIGNED EXCLUSIVELY FOR UNDER 5s

Activity	Day & Time	Centre Member	Non-Member
Crèche Let our qualified nursery nurses look after your youngsters whilst you enjoy a swim, exercise class, gym workout or relaxing cup of coffee. Parents must remain on site.	Monday* - Friday 9:30 - 11:30	£4.10 (60 mins)	£5.25 (60 mins)
Floats and Fun Splash and play in the teaching pool with balls and floats. Normal pool rules apply. Inflatable for those who can swim only.	Saturdays and Sundays 11:30 - 12:30	£2.75	£3.90
Toddler Gym A supervised session of free play and gymnastics, promoting balance, co-ordination, mobility and fitness with the use of gym equipment.	Mondays 9:30 - 11:00 Thursdays 9:30 - 11:45	£4.60	£5.75
Toddler Play Let them run wild and burn up energy with our ball pond, bouncy castle, trikes, bikes and soft play.	Mondays 13:00 - 15:00 Wednesdays 13:00 - 15:00	£4.60	£5.75
Football Charlton Athletic Challenge** (3 - 5 Years) Develop your football skills on this Charlton Athletic Community course.	Saturdays 9:15 - 10:00 10:00 - 10:45	£67.20 (based on a 12 week course)	£79.80 (based on a 12 week course)
Parent and Baby Swimming Lessons** A course designed for 6 months - 3 years that aims to build water confidence, teach the joy of swimming and educate water safety whilst supported by a loving parent or guardian.	See Swimming Lesson Programme	£73.00 (based on a 10 week course)	£84.50 (based on a 10 week course)
Toddler Trampoline Course** (3 - 5 Years) Experience the fun of trampolining under the instruction of a qualified coach. You will learn basic moves and impressive routines.	Monday 11:00 - 11:45 Thursday 10:45 - 11:30	£32.20 (based on a 7 week course)	£40.25 (based on a 7 week course)

*excluding Bank Holidays

**Term time only. Number of weeks vary per term