



2018 Sport Programme

JOIN US FOR A RANGE OF SPORTING ACTIVITIES TO BOOST SKILLS, FITNESS AND FUN FOR ALL THE FAMILY

Activity	Day & Time	Centre Member	Non-Member
<p>Archery Course 8 - 17 Years (6 week course) 18+ Years (6 week course) A fun filled session where you will learn the basics of Target Archery. It's your chance to become Robin Hood for the day! Subject to availability.</p>	<p>Thursday 16:30 - 17:30 Thursday 18:00 - 19:00</p>	<p>£33.60 (8 - 17 Years) £34.50 (18+ Years)</p>	<p>£40.50 (8 - 17 Years) £46.80 (18+ Years)</p>
<p>Adult Trampolining Jump for joy with Sencio adult trampolining sessions. Learn the skills and techniques used by Bryony Page and take your trampolining to the next level.</p>	<p>Monday 19:00 - 20:00</p>	<p>£5.75 per session</p>	<p>£7.80 per session</p>
<p>Junior Trampolining Course Experience the fun of trampolining under the instruction of a qualified coach. Learn basic moves and impressive routines during this 12 week course.</p>	<p>Monday 16:45 - 17:45 17:45 - 18:45 Thursday 16:45 - 17:45 17:45 - 18:45</p>	<p>£67.20</p>	<p>£81.00</p>