

2nd January - 4th April 2019

MAIN POOL PROGRAMME

	6:30	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
MONDAY	Fitness Swim 06:30 - 09:00		Disabled/ Primetime 09:00 - 10:00		Public Swim 10:00 - 13:30			Schools 13:30 - 15:00	Public Swim shared with clubs & Swimming lessons 15:00 - 19:00		Clubs/Swimming Lessons 17:30 - 19:00	Public Deep Water shared with lessons 19:00 - 20:00	Clubs 20:00 - 22:00				
TUESDAY	Fitness Swim 06:30 - 10:00				Public Swim deep water 10:00 - 11:30	Public Swim 11:30 - 13:30		Schools 13:30 - 15:00	Primetime 15:00 - 16:30	Clubs/Lessons 16:30 - 21:00			Clubs 21:00 - 22:00				
WEDNESDAY	Fitness Swim 06:30 - 09:30			Schools Only 09:30 - 10:30	Public Deep Water 10:30 - 11:30	Public Swim 11:30 - 12:30	Public Deep Water	Schools 13:30 - 15:00	Primetime half pool 15:00 - 16:00	Public Deep End & one lane 16:00 - 18:00	Clubs 18:00 - 22:00						
THURSDAY	Fitness Swim 06:30 - 09:00		Disabled/ Primetime 09:00 - 10:00		Public Swim 10:00 - 13:30			Schools 13:30 - 15:00	Public Swim 15:00 - 16:00	Lessons 16:00 - 17:00	Public Swim 17:00 - 19:00	Club half pool 19:00 - 22:00					
FRIDAY	Fitness Swim 06:30 - 09:00			Public Deep Water 09:30 - 10:30	Schools Only	Public Swim 11:30 - 13:30		Schools 13:30 - 15:00	Primetime 15:00 - 16:30	Club/Lessons 17:00 - 20:00		Fitness Swim ladies only 20:00 - 21:00	Fitness Swim adults only 21:00 - 22:00				
SATURDAY	Clubs 08:00 - 09:00		Swimming Lessons Only 09:00 - 11:00		Public Inflatable Session 11:00 - 12:30	Public Swim 12:30 - 16:15			Parties/Private Hire								
SUNDAY	Clubs/Lessons 08:00 - 12:00				Public Swim 08:00 - 12:00			Pool Closed	*Family Only Inflatable Session 13:30 - 14:30	*Family Only Swim Session 13:30 - 16:30	Parties/Private Hire 16:45 - 17:45	Junior Lessons 18:00 - 19:00	Clubs 19:00 - 20:00				

*Family Only Inflatable/Swim Session -

This is a family only session. Access is restricted to parents/guardians swimming with their children (under 16) only. All children (under 16) must be parent/guardian accompanied at all times when in the swimming pool

TEACHING POOL PROGRAMME

	10	11	12	13	14	15	16	17	18	19	20	21	22
MONDAY	Parent & Baby Lessons 10:00 - 11:00	Aqua 11:45 - 11:55	Waterplay Lessons 12:00 - 13:30	Schools 13:30 - 15:00	Public 15:00 - 16:00	Swimming Lessons							
TUESDAY	Schools 10:30 - 12:30			Public 12:30 - 13:30	Schools 13:30 - 15:00	Public 15:00 - 16:00	Swimming Lessons						
WEDNESDAY	Schools 09:30 - 12:30			Public 12:30 - 13:30	Schools 13:30 - 15:00	Public 15:00 - 16:00	Swimming Lessons						
THURSDAY	Aqua 10:30 - 11:15	Parent & Baby Lessons 11:30 - 12:30	Waterplay Lessons 12:30 - 13:30	Schools 13:30 - 15:00	Public 15:00 - 16:00	Swimming Lessons	Public 16:30 - 17:00						
FRIDAY	Parent & Baby Lessons 10:30 - 11:00	Waterplay Lessons 12:00 - 13:30	Schools 13:30 - 15:00	Public 15:00 - 16:00	Swimming Lessons								
SATURDAY	Swimming Lessons 08:30 - 12:30			Public 12:30 - 16:15				Party/Private Hire 16:15 - 17:15					
SUNDAY	Public Session shared 09:00 - 13:00			Public family only 13:30 - 16:15			Party/Private Hire 16:30 - 17:30						
	10	11	12	13	14	15	16	17	18	19	20	21	22

FLUMES PROGRAMME

	10	11	12	13	14	15	16	17	18	19
MONDAY - THURSDAY								Party/ Private Hire 16:30 - 17:30		
FRIDAY								Public 16:00 - 18:00	Party/ Private Hire 18:00 - 19:00	
SATURDAY		Party/ Private Hire 11:00 - 13:00	Public 13:00 - 16:15					Party/ Private Hire 16:30 - 17:30	Party/ Private Hire 17:30 - 18:30	
SUNDAY		Public 10:00 - 13:00		Public family only 13:30 - 15:30			Party/ Private Hire 16:00 - 17:00			
6:30	10	11	12	13	14	15	16	17	18	19