

**Swimming Lesson Programme at Edenbridge Leisure Centre**  
**Courses run week commencing Tuesday 3rd January - Saturday 10th March 2012**

As of Tuesday 3rd January this is the availability of swimming Lesson classes  
 Please contact reception to check the current availability as these figures will change daily

Class	Day	Time	Code	Space available	Class	Day	Time	Code	Space available	Class	Day	Time	Code	Space available
Stanley 3	Fri	2.00pm	STA32	Full	Small Pool 6+ years					Angelfish 1	Tues	5.00pm	ANG11	Full
Stanley 4	Fri	2.30pm	STA43	Space available	Goldfish 1	Wed	5.00pm	OLD11	Space available	Angelfish 1	Wed	5.00pm	ANG12	Space available
Stanley 5	Fri	1.30pm	STA51	cancelled	Goldfish 1	Thur	4.00pm	OLD12	Space available	Angelfish 1	Fri	4.00pm	ANG13	Space available
					Goldfish 1	Fri	4.00pm	OLD13	Space available	Angelfish 1/2	Sat	10.00am	ANG14	Space available
Stanley 3	Mon	4.30pm	STA33	Space available	Goldfish 1	Sat	10.00am	OLD14	Space available	Main Pool - Lengths				
Stanley 3	Tue	4.00pm	STA34	Space available						Angelfish 2	Tues	4.30pm	ANG21	Full
Stanley 3	Fri	4.30pm	STA35	Space available	Goldfish 2	Tue	4.00pm	OLD21	Full	Angelfish 2	Wed	5.30pm	ANG22	Full
Stanley 3	Sat	9.00am	STA36	Space available	Goldfish 2	Tue	5.30pm	OLD22	Space available	Angelfish 2	Sat	10.30am	ANG23	Space available
Small Pool 4 & 5 years					Goldfish 2	Wed	4.00pm	OLD23	Full	Main Pool - Lengths				
Stanley 4	Mon	5.00pm	STA44	Space available	Goldfish 2	Fri	5.00pm	OLD24	Space available	Angelfish 3	Tues	4.30pm	ANG31	Space available
Stanley 4	Tue	4.30pm	STA45	Full	Goldfish 2	Sat	9.00am	OLD25	Full	Angelfish 3	Thur	5.30pm	ANG32	Space available
Stanley 4	Thur	5.00pm	STA46	Space available	Goldfish 2	Sat	9.30am	OLD26	Full	Main Pool - Lengths				
Stanley 4	Fri	5.00pm	STA47	Space available						Shark 1	Tues	5.00pm	ARK11	Space available
Stanley 4	Sat	10.30am	STA48	Full	Goldfish 3	Tue	4.00pm	OLD31	Full	Shark 2/3	Fri	5.30pm	ARK12	Space available
Small Pool 4 & 5 years					Goldfish 3	Tue	5.30pm	OLD32	Space available	Main Pool - Lengths				
Stanley 5	Mon	5.30pm	STA52	Space available	Goldfish 3	Wed	4.30pm	OLD33	Full	Shark 2/3	Wed	5.30pm	ARK21	Space available
Stanley 5	Tue	5.00pm	STA53	Full	Goldfish 3	Sat	9.30am	OLD34	Full	Shark 2/3	Fri	4.30pm	ARK22	Space available
Stanley 5	Wed	4.00pm	STA54	Full	Goldfish 3	Sat	11.00am	OLD35	Full					
Stanley 5	Thur	4.30pm	STA55	Full										
Stanley 5	Sat	11.30am	STA56	Full										
Small Pool 4 & 5 years														
Stanley 6	Mon	4.00pm	STA62	Space available										
Stanley 6	Tue	5.30pm	STA63	Full										
Stanley 6	Wed	4.30pm	STA64	Space available										
Stanley 6	Fri	5.30pm	STA65	Space available										
Stanley 6	Sat	11.00am	STA66	Space available										

**Class Description**

CLASS	ABILITY
STAnley 3	Non Swimmer
STAnley 4	Confident Non Swimmer
STAnley 5	3 metres on Front and Back
STAnley 6	5 Metres on front & back
Goldfish 1	5 - 10 metres front, back and metres breaststroke 3
Goldfish 2	10 metres front and back without stress & 5 metres breaststroke
Goldfish 3	15 metres front & back and metres breaststroke 10

All the classes below need to be completed without stress with a recognised ASA stroke	
CLASS	ABILITY
Angelfish 1	25 metres frontcrawl, 25 metres backstroke and 15 metres breaststroke
Angelfish 2	50 metres (25m frontcrawl & 25m backstroke) and 25 metres breaststroke
Angelfish 3	75 metres (25m frontcrawl, 25m backstroke and 25m breaststroke) 10 metres butterfly
Shark 1	50 metres on frontcrawl, 50 metres backstroke, 25 metres breaststroke and 10 metres butterfly
Shark 2	75 metres on frontcrawl, 75 metres backstroke, 50 metres breaststroke and 15 metres butterfly
Shark 3	100 metres on frontcrawl, 100 metres backstroke, 75 metres breaststroke and 25 metres butterfly

**Parent and Baby Lessons Tuesday 3rd January - Thursday 29th March 2012**

Class	Day	Time	Code	Teacher
Starfish 1/2	Tues	10.00am	STAR1	Space available
Starfish 3-6	Tues	10.30am	STAR2	Space available
Starfish 3-6	Thurs	11.00am	STAR3	Space available
STAnley 1	Thurs	10.30am	STA11	Space available
STAnley 1/2	Tues	11.00am	STA12	Space available
STAnley 2/3	Thurs	10.00am	STA21	Space available
STAnley 3	Thurs	11.30am	STA30	Space available
STAnley 3/4	Tue	11.30am	STA31	Space available
STAnley 4	Thurs	12.00pm	STA41	Space available

Class	Age	Ability
Starfish 1/2	6 - 12 months	Parent in the water
Starfish 3-6	12 - 24 months	Parent in the water
STAnley 1	2 - 2 1/2 years	Parent in the water
STAnley 1/2	2 - 3 years	Parent in the water
STAnley 2/3	2 1/2 - 3 years	Parent in the water
STAnley 3	3 - 4 1/2 years	Parent in the water
STAnley 3/4	3 - 4 1/2 years	Parent in the water
STAnley 4	3 1/2 - 4 1/2 years	Confident non swimmer