

SEVENOAKS LEISURE CENTRE

PRIMETIME PROGRAMME

Every Tuesday commencing 25 January 2005

Time	Activity	Venue
9.00 am - 12 noon	Badminton	Sports Hall
9.00 am - 12 noon	Short Mat Bowls	Sports Hall
9.00 am - 10.30 am	Short Tennis	Sports Hall
10.30 am - 12 noon	Table Tennis	Sports Hall
9.00 am - 11.30 am	Swimming	Main Pool
9.00 am - 12 noon	Board Games	Café
9.00 am - 12 noon	Gym Workout*	Wellness Studio

***Places are limited and must be pre booked on the day**

**The Primetime Programme is designed exclusively
for those aged 50+**

Come along and enjoy a variety of activities for only £3.60