



NR-GIZE

**sencio**

## Swimming crash courses

29<sup>th</sup> July - 30<sup>th</sup> August

### SEVENOAKS LEISURE CENTRE

Course	Age	Time	Dates	Non-member	Member	Swim lesson DD member
<b>Non-Swimmer (Stage 1)</b> For children who are non-swimmers who have never had swimming lesson on their own and/or children who lack confidence in the water.	4+ years	08:30 - 09:00	Monday 29 <sup>th</sup> July – Friday 2 <sup>nd</sup> August	£43.50	£37.50	£18.75 <i>(50% off member price)</i>
			Monday 5 <sup>th</sup> August – Friday 9 <sup>th</sup> August			
			Monday 12 <sup>th</sup> August – Friday 16 <sup>th</sup> August			
			Monday 19 <sup>th</sup> August – Friday 23 <sup>rd</sup> August			
			Tuesday 27 <sup>th</sup> August – Friday 30 <sup>th</sup> August			
<b>Beginner (Stage 2)</b> For children who are non-swimmers, but are aware of the basics and may be able to swim a few strokes unaided.	4+ years	09:00 - 09:30	Monday 29 <sup>th</sup> July – Friday 2 <sup>nd</sup> August	£43.50	£37.50	£18.75 <i>(50% off member price)</i>
			Monday 5 <sup>th</sup> August – Friday 9 <sup>th</sup> August			
			Monday 12 <sup>th</sup> August – Friday 16 <sup>th</sup> August			
			Monday 19 <sup>th</sup> August – Friday 23 <sup>rd</sup> August			
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**50% off for swim  
lesson members!**

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<b>Improver (Stage 3)</b> For children who are able to swim 5m - 10m unaided.	4+ years	09:30 - 10:00	Monday 29 <sup>th</sup> July – Friday 2 <sup>nd</sup> August	£43.50	£37.50	£18.75 (50% off member price)
			Monday 5 <sup>th</sup> August – Friday 9 <sup>th</sup> August			
			Monday 12 <sup>th</sup> August – Friday 16 <sup>th</sup> August			
			Monday 19 <sup>th</sup> August – Friday 23 <sup>rd</sup> August			
			Tuesday 27 <sup>th</sup> August – Friday 30 <sup>th</sup> August	£34.80	£30.00	£15.00
<b>Intermediate (Stage 4/5)</b> For children who are able to swim 10m - 15m on their front and back as well as demonstrate a basic understanding of breast stroke technique.  <i>Please note: Monday classes will take place in the teaching pool. All other days in the main pool</i>	4+ years	10:00 - 10:30	Monday 29 <sup>th</sup> July – Friday 2 <sup>nd</sup> August	£43.50	£37.50	£18.75 (50% off member price)
			Monday 5 <sup>th</sup> August – Friday 9 <sup>th</sup> August			
			Monday 12 <sup>th</sup> August – Friday 16 <sup>th</sup> August			
			Monday 19 <sup>th</sup> August – Friday 23 <sup>rd</sup> August			
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Course	Age	Time	Dates	Non-member price	Member price	Swim lesson DD member
<b>Diving Workshop</b> For children who are looking to learn to dive or work on their diving technique. Children must be able to swim at least 10m - 15m on their front and back.	4+ years	10:30 - 11:00	Thursdays 1 <sup>st</sup> August	£8.70	£7.50	£3.75 (50% off member price)
			8 <sup>th</sup> August			
			15 <sup>th</sup> August			
			22 <sup>nd</sup> August			
			29 <sup>th</sup> August			
<b>Parent &amp; Baby</b> Build your child's confidence in water by taking part in one of our Parent and Baby Swimming courses.  Four stages to chose from on each of our three-day courses.	2-4yrs	10:30 – 11:00 Discovery Ducklings 1&2	Monday 12 <sup>th</sup> – Wednesday 14th August	£26.10	£22.50	n/a
		11:00 – 11:30 Discovery Ducklings 3&4	Monday 19 <sup>th</sup> – Wednesday 21st August			
		11:30 – 12:00 Duckling 1				
		12:00 – 12:30 Duckling 2				