

# Edenbridge Leisure Centre

19 April – 16 May 2021

PLEASE NOTE: This programme may subject to change. Check [sencio.org.uk/edenbridge/swim](http://sencio.org.uk/edenbridge/swim) for the latest programmes.



## Main pool

	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	21:30
MONDAY		Lane Swim 06:30-07:30		Lane Swim 08:00-09:00	70+ VA 09:30-10:30		Lane Swim 11:00-12:00	Lane Swim 12:30-13:30		Lane Swim 14:00-15:00	Family Swim 15:30-16:30	Lane Swim 17:00-17:45	Swim Club 18:00-20:15				
TUESDAY		Lane Swim 06:30-07:30		Lane Swim 08:00-9:00	Lane Swim 09:30-10:30		Lane Swim 11:00-12:00	Lane Swim 12:30-13:30		Lane Swim 14:00-15:30 Family Swim 14:00-15:30	Swimming Lessons 16:00-17:30		Lane Swim 18:00-19:00 Family Swim 18:00-19:00		Lane Swim 19:30-20:30		
WEDNESDAY		Lane Swim 06:30-07:30		Lane Swim 08:00-09:00	Lane Swim 09:30-10:30		Lane Swim 11:00-12:00	Lane Swim 12:30-13:30		Lane Swim 14:30-15:30 Family Swim 14:30-15:30	Swimming Lessons 16:00-17:30		Swim Club 18:00-20:30				
THURSDAY		Lane Swim 06:30-07:30		Lane Swim 08:00-09:00	Lane Swim 09:30-10:30	70+ & VA 11:00-12:00		Lane Swim 12:30-13:30		Lane Swim 14:00-15:30 Family Swim 14:00-15:30	Swimming Lessons 16:00-17:00	Express Swim 17:15-17:45	Swim Club* 18:00-19:30 Gentle Swim 18:15-19:15		Lane Swim 19:45-20:30		
FRIDAY		Lane Swim 06:30-07:30		Lane Swim 08:00-09:00	Lane Swim 09:30-10:30		Lane Swim 11:00-12:00	70+ & VA 12:30-13:30	School Swim 14:00-14:30	Express Swim 15:00-15:30	Swimming Lessons 16:00-17:00	Express Swim 17:15-17:45	Swim Club 18:00-20:30				
SATURDAY			Swimming Lessons 08:00-10:30				Lane Swim 11:00-11:45	Family Swim 12:00-13:00	Family Swim 13:30-14:30	Family Swim 15:00-16:00							
SUNDAY			Swim Club* 08:00-09:30 Gentle Swim 08:15-09:00	Lane Swim 09:45-10:30		Family Swim 11:00-12:00	Family Swim 12:30-13:30	Family Swim 14:00-15:00	Express Swim 15:30-16:00								

- = Lane swim 3 lanes available at slow, medium or fast pace for continuous swimming. Swimmers must be able to swim 1 length of the main pool as a minimum.
- = Family swim Bookable sessions for families to swim. Bookable in main pool or teaching pool for all abilities.
- = Gentle/ 70+ Gentle lane swimming. 70+ & VA reserved for users over 70 and vulnerable adults.
- = Changeover Scheduled cleaning between sessions. No entry during these times.
- = Pool booked Swimming pool is booked for classes, swim clubs, swimming lessons or schools. No public swimming is available in these sessions.

**Swimming lessons:**  
We offer a comprehensive Swim England programme covering all levels of ability.

**Swim club:**  
The main pool is hired externally for use by local clubs to train for competitions and other activities.

**Schools:**  
Local schools visit the centre to complete swimming lessons as part of the National Curriculum.

## Teaching pool



	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
MONDAY			Family Swim 08:00-09:00	Family Swim 09:30-10:30	Family Swim 11:00-12:00	Family Swim 12:30-13:30	Family Swim 14:00-15:00						Swimming Lessons 16:00-18:00			
TUESDAY			Family Swim 08:00-09:00	Family Swim 09:30-10:30	Family Swim 11:00-12:00	Family Swim 12:30-13:30	Family Swim 14:00-15:00						Swimming Lessons 16:00-18:00			
WEDNESDAY			Family Swim 08:00-09:00	Family Swim 09:30-10:30	Family Swim 11:00-12:00	Family Swim 12:30-13:30	Family Swim 14:00-15:00						Swimming Lessons 16:00-18:00			
THURSDAY			Family Swim 08:00-09:00	Family Swim 09:30-10:30	Family Swim 11:00-12:00	Family Swim 12:30-13:30	Family Swim 14:00-15:00	Family Swim 15:30-16:30			Swimming Lessons 17:00-18:00					
FRIDAY			Family Swim 08:00-09:00	Family Swim 09:30-10:30	Family Swim 11:00-12:00	Family Swim 12:30-13:30	Family Swim 14:00-15:00	Family Swim 15:30-16:30			Swimming Lessons 17:00-18:00					
SATURDAY			Swimming Lessons 08:00-10:00			Family Swim 11:00-12:00	Family Swim 12:30-13:30	Family Swim 14:00-15:00								
SUNDAY			Family Swim 08:00-09:00	Family Swim 09:30-10:30	Family Swim 11:00-12:00	Family Swim 12:30-13:30	Family Swim 14:00-15:00									