

Edenbridge Leisure Centre

26 July - 29 August 2021 *Updated*



PLEASE NOTE: This programme may subject to change. Check sencio.org.uk/edenbridge/swim for the latest programmes.

Main pool

	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	21:30	
MONDAY	Lane Swim 06:30-07:45		Lane Swim 08:00-09:30		70+/VA 10:00-11:00	Public Swim 11:05-12:00		Lane Swim 12:15-13:00	Family Swim 13:05-14:00		Public Swim 14:15-16:40	Lane Swim 16:45-17:45		Swim Club 18:00-20:15			Express Swim 20:30-21:00	
TUESDAY	Lane Swim 06:30-07:45		Lane Swim 08:00-09:30		Aquafit 10:00-11:00	Public Swim 11:05-12:00		Lane Swim 12:15-13:00	Family Swim 13:05-14:00		Floats N' Fun 14:15-15:30		Swimming Lessons 16:00-18:00		Public Swim 18:15-19:55		Lane Swim 20:00-21:00	
WEDNESDAY	Lane Swim 06:30-07:45		Lane Swim 08:00-09:30		Aquafit 10:00-11:00	70+/VA 11:05-12:00		Lane Swim 12:15-13:00	Family Swim 13:05-14:00		Inflatable Fun 14:15-15:30		Swimming Lessons 16:00-18:00		Swim Club 18:15-20:45			
THURSDAY	Lane Swim 06:30-07:45		Lane Swim 08:00-09:30		Public Swim 10:00-12:00			Lane Swim 12:15-13:00	Family Swim 13:05-14:00		Floats N' Fun 14:15-15:30		Swimming Lessons 16:00-18:00		Public Swim 18:15-19:45		Lane Swim 19:50-21:00	
FRIDAY	Lane Swim 06:30-07:45		Lane Swim 08:00-09:30		Aquafit 10:00-11:00	70+/VA 11:05-12:00		Lane Swim 12:15-13:00	Family Swim 13:05-14:00		Inflatable Fun 14:15-15:30		Swimming Lessons 16:00-17:00	Lane Swim 17:05-18:00		Swim Club 18:15-20:30		Express Swim 20:30-21:00
SATURDAY			Swimming Lessons 08:00-10:30			Lane Swim 10:30-11:45		Family Swim 12:00-13:30		Inflatable Fun 13:45-15:15		Pool Party (Enquire Within) 16:00-17:00						
SUNDAY			Gentle Swim 08:00-09:30		Lane Swim 09:30-10:25		Floats N' Fun 10:30-11:50	Family Swim 12:00-13:30		Public Swim 13:45-15:15		Pool Party (Enquire Within) 16:00-17:00						

Advanced booking is advisable for Lane Swim, 70+/VA and Gentle Swim. Booking is not available for other sessions.

Please Note: If a session is full, you may not be permitted entry to the session.

Under 8s policy: one adult to two children where children are 4 years or younger or, one adult to three children where at least two children are over 4 years but under 8. Children under the age of 8 must be accompanied in the water by a parent, guardian or swimming adult who must be over the age of 16 years.


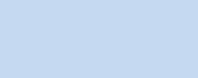

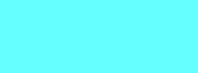





Teaching pool

	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
MONDAY			Public Swim 08:00-08:50	Crash Courses 09:00-10:00		Family Swim 10:15-11:45		Family Swim 12:00-13:30		Public Swim 13:45-15:45		Swimming Lessons 16:00-17:30				
TUESDAY			Public Swim 08:00-08:50	Crash Courses 09:00-10:00		Family Swim 10:15-11:45		Family Swim 12:00-13:30		Public Swim 13:45-15:30	C L E A N I N G	Swimming Lessons 16:00-18:00				
WEDNESDAY			Public Swim 08:00-08:50	Crash Courses 09:00-10:00		Family Swim 10:15-11:45		Family Swim 12:00-13:30		Public Swim 13:45-15:30		Swimming Lessons 16:00-18:00				
THURSDAY			Public Swim 08:00-08:50	Crash Courses 09:00-10:00		Family Swim 10:15-11:45		Family Swim 12:00-13:30		Public Swim 13:45-15:30		Swimming Lessons 16:00-18:00				
FRIDAY			Public Swim 08:00-08:50	Crash Courses 09:00-10:00		Family Swim 10:15-11:45		Family Swim 12:00-13:30		Public Swim 13:45-15:30		Public Swim 16:00-16:50	Swimming Lessons 17:00-18:00			
SATURDAY			Swimming Lessons 08:00-10:30			Family Swim 10:45-12:00		Family Swim 12:05-13:45		Mini Splash Party (Enquire within) 14:15-15:15						
SUNDAY			Family Swim 08:00-09:25	Musical Hour 09:30-10:55		Family Swim 11:00-12:25		Public Swim 12:30-13:45		Mini Splash Party (Enquire within) 14:15-15:15						

Advanced booking is advisable for Lane Swim, 70+ /VA and Gentle Swim. Booking is not available for other sessions.

Please Note: If a session is full, you may not be permitted entry to the session.

Under 8s policy: one adult to two children where children are 4 years or younger or, one adult to three children where at least two children are over 4 years but under 8. Children under the age of 8 must be accompanied in the water by a parent, guardian or swimming adult who must be over the age of 16 years.

	= Lane swim	Booking Advised. 3 lanes available at slow, medium and fast pace for continuous swimming. Swimmers must be able to swim 1 length of the main pool at a minimum.
	= Public swim	No Booking Required. An open pool and families are also welcome.
	= Family swim	No Booking Required: Open pool for families to swim. Bookable for the main pool and teaching pool for all abilities. Small inflatable balls and toys permitted.
	= Fun session	No Booking Required. Floats n' Fun and Inflatable sessions in Main Pool Only. Musical Hour (age appropriate Music) in Teaching Pool Only. Under 8 rules apply. Inflatable sessions you must be able to swim 1 length of the main pool as a minimum.
	= 70+/VA /Primetime	Booking Advised. Reserved for users over-70 and vulnerable adults.
	= Gentle swim	Booking Advised. A gentle, unrushed swim; all swimming abilities welcome.
	= Pool closed	No entry is permitted during these times.
	= Cleaning	Timetabled cleaning for poolside and changing village. No entry is permitted during these times.
	= Booked	Swimming pool is booked for classes, swim clubs, swimming lessons or schools. No public swimming is available in these sessions.

Swimming lessons: We offer a comprehensive Swim England programme covering all levels of ability.
Swim club: The main pool is hired externally for use by local clubs to train for competitions and other activities.
Schools: Local schools visit the centre to complete swimming lessons as part of the National Curriculum.
Aquafit: A water-based aerobic workout designed to take the pressure off the joints and work the whole body.
Parties: Sessions reserved for children's parties. See sencio.org.uk/edenbridge/parties for more information

Book online: sencio.org.uk/book or **by calling reception.**

Contact the centre: 01732 865665 elc@sencio.org.uk

Swim rules and more information: sencio.org.uk/edenbridge/swim