



# SUMMER 2021

SUMMER CRASH COURSE  
SWIMMING LESSONS



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# EDENBRIDGE LEISURE CENTRE

## 5-DAY CRASH COURSES FOR 4+ YEARS

|  |  | Monday<br>26th July -<br>Friday 30th<br>July | Monday<br>2nd August<br>- Friday 6th<br>August | Monday<br>16th<br>August -<br>Friday 20th<br>August | Monday<br>23rd<br>August -<br>Friday 27th<br>August | Sencio<br>cardholder<br>price | Non-<br>member<br>price |
|--|--|--|--|---|---|-------------------------------|-------------------------|
| <b>Non-swimmer<br/>Teaching<br/>pool</b> | For non-swimmers<br>who have never<br>had swimming<br>lessons on their own<br>or children who lack<br>confidence in the<br>water.<br>(Stage 1) | 09:00 –<br>09:25                             | 09:00 –<br>09:25                               | 09:00 –<br>09:25                                    | 09:00 –<br>09:25                                    | £37.50                        | £43.75                  |
| <b>Beginner<br/>Teaching<br/>pool</b>    | For children able to<br>swim 3+ metres<br>unaided on front &<br>back.<br>(Stage 2)   | 09:30 –<br>10:55                             | 09:30 –<br>10:55                               | 09:30 –<br>10:55                                    | 09:30 –<br>10:55                                    | £37.50                        | £43.75                  |



# SEVENOAKS LEISURE CENTRE

## 5-DAY CRASH COURSES FOR 4+ YEARS

|                                 |  | Monday<br>26th<br>July -<br>Friday<br>30th<br>July | Monday<br>2nd<br>August -<br>Friday<br>6th<br>August | Monday<br>9th<br>August -<br>Friday<br>13th<br>August | Monday<br>16th<br>August -<br>Friday<br>20th<br>August | Monday<br>23rd<br>August -<br>Friday<br>27th<br>August | Sencio<br>cardholder<br>price | Non-<br>member<br>price |
|---------------------------------|--|--|--|---|--|--|-------------------------------|-------------------------|
| Non-swimmer<br>Teaching<br>pool | For children 4 years<br>+ not yet water<br>confident. (Stage 1)  | 08:30 - 08:55                                      |  |   |  |  | £37.50                        | £43.75                  |
|                                 |  | 09:00 - 09:25                                      |  |   |  |  |                               |                         |
| Beginner<br>Teaching<br>pool    | For children who are<br>water confident and<br>able to travel a<br>distance of 5 metres<br>on front and back<br>with minimal use of<br>floats. (Stage 2) | 09:30 - 09:55                                      |  |   |  |  | £37.50                        | £43.75                  |
|                                 |  | 10:00 - 10:25                                      |  |   |  |  |                               |                         |
| Improver<br>Main pool           | For children who<br>can very confidently<br>swim 5 metres + on<br>front & back without<br>aids. (Stage 3)  | N/A  | 09:30 - 09:55  |   |  | N/A  | £37.50                        | £43.75                  |
| Intermediate<br>Main pool       | For children who<br>can very confidently<br>swim 10 metres in all<br>3 strokes.<br>(Stage 4 & 5)   | N/A  | 10:00 - 10:25  |   |  | N/A  | £37.50                        | £43.75                  |

# SEVENOAKS LEISURE CENTRE

## DIVING WORKSHOP

|                     |   | Thursday<br>29th<br>July | Thursday<br>5th<br>August | Thursday<br>12th<br>August | Thursday<br>19th<br>August | Thursday<br>26th<br>August | Sencio<br>cardholder<br>price | Non-<br>member<br>price |
|---------------------|---|--------------------------|---------------------------|----------------------------|----------------------------|----------------------------|-------------------------------|-------------------------|
| Diving<br>Main pool | For children who are looking to learn to dive or work on their diving technique. Children must be able to swim at least 10m - 15m on their front and back | 10:30 - 10:55            |                           |                            |                            |                            | £7.50                         | £8.75                   |

## 3-DAY CRASH FOR UNDER 5'S – PARENT/GUARDIAN IN THE WATER

|  |  | Tuesday 27th July -<br>Thursday 29th July | Tuesday 3rd August -<br>Thursday 5th August | Sencio<br>cardholder<br>price | Non-<br>member<br>price |
|--|--|---|---|-------------------------------|-------------------------|
| Discovery<br>Ducklings<br>Teaching<br>pool | Parent and baby classes ideal for building water confidence in a fun, playful and structured way. Under 3's          | 10:30 - 10:55                             |   | £22.50                        | £26.25                  |
| Ducklings<br>Teaching<br>pool              | Parent and preschool classes. Encouraging pre-schoolers to learn to swim with the support of an adult. 3-5 year olds | 11:00 - 11:25                             |   | £22.50                        | £26.25                  |





## WHITE OAK LEISURE CENTRE

### 5-DAY CRASH COURSES FOR 4+ YEARS

|  |  | Monday 9th August<br>-<br>Friday 13th August | Monday 23rd August<br>-<br>Friday 27th August | Sencio<br>cardholder<br>price | Non-<br>member<br>price |
|--|--|--|---|-------------------------------|-------------------------|
| <b>Non-swimmer</b><br>Teaching<br>pool | For non-swimmers<br>who have never<br>had swimming<br>lessons on their own<br>or children who lack<br>confidence in the<br>water.<br>(Stage 1) | 09:00 – 09:25                                | 09:00 – 09:25                                 | £37.50                        | £43.75                  |
|  |  | 09:30 – 09:55                                | 09:30 – 09:55                                 |                               |                         |
| <b>Beginner</b><br>Teaching<br>pool    | For children able to<br>swim 3+ metres<br>unaided on front &<br>back.<br>(Stage 2)   | 10:00 – 10:25                                | 10:00 – 10:25                                 | £37.50                        | £43.75                  |
|  |  | 10:30 – 10:55                                | 10:30 – 10:55                                 |                               |                         |



ENQUIRE:

[swimminglessons@sencio.org.uk](mailto:swimminglessons@sencio.org.uk)

TERMS AND CONDITIONS:

- To avoid disappointment all sessions must be booked in advance
- We reserve the right to refuse admission to children who are not within the stated age range
- We reserve the right to amend any of our activity programmes or cancel sessions if required
- Appropriate clothing must be worn to all sessions, please ask at reception for details
- We operate in relation to the guidelines of the Children's Act 1989 (amended 2004). A referral will be made to Social Services if there is concern about a child's safety
- See [sencio.org.uk](http://sencio.org.uk) for the latest updates and policies

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