

VACANCY

Wellness Instructor

Full-time 39 hours per week

Salary up to £19,118 per annum
(Age dependant in line with the National Living wage)

Do you want to gain invaluable life skills and work experience that could be the start to a great career in leisure?

Consider joining us as Wellness Instructor in our community based gym at Edenbridge Leisure Centre.

You will need to be highly motivated and have a Level 2 Fitness Instructor qualification (essential) as well as excellent communication skills and commitment to customer care. You must be a punctual, enthusiastic and motivated individual to join our current team. You must work well within a team and be self-motivated to keep busy when working alone. You will be expected to perform inductions and help keep the gym clean and well maintained and create a positive and friendly atmosphere. Alongside the gym you may be required to teach classes if required

In return for your commitment to providing an excellent service to our customers, we can offer you:

- 29 days holiday including bank holidays
- Free Gym & Swim membership at our centres
- Employer Contribution Pension Scheme
- Eye test (DSE users)
- Industry Leading Training
- Discounted golf sessions
- Annual leave increasing with service
- A friendly atmosphere to work

Key Activities

- To manage a specific allocated member base via the Welcome Programme in order to provide close contact, support and encouragement.
- To produce personal programmes/exercise prescriptions for clients and develop fitness initiatives for the benefit of users.
- To supervise the gym in an interactive manner to ensure that all clients are encouraged to get the most out of their leisure experience and are supported to achieve their goals in a safe and controlled manner.



EDENBRIDGE LEISURE CENTRE

Stangrove Park, Edenbridge, Kent TN8 5LU

01732 865665 | elc@sencio.org.uk

- To ensure that all enquiries concerning the facilities are handled in an enthusiastic, polite and friendly manner and in line with company sales procedures.
- To lead in developing health and fitness initiatives for identified target groups.
- To ensure a high standard of cleanliness at all times.
- To check all equipment on a daily basis for routine maintenance and safety.
- To participate in any relevant training for the duties of the post and to achieve the key objectives of
- To participate fully in Sevenoaks Leisure Limited's staff appraisal scheme.
- To comply with standard employee Health & Safety at Work responsibilities.
- To comply with Sevenoaks Leisure Limited's Equal Opportunities policy.
- To be willing to undertake any other duties commensurate with the grade of the post.

Person Specification

Essential

- Experience of working in the fitness / leisure industry
- Level 2 Fitness Instructor qualification
- Experience of fitness testing, personal assessments and exercise programme design
- Good communication, organisational and interpersonal skills
- A full commitment to customer care
- Able to work on own initiative and as part of a team
- Flexible and able to work unsociable hours

Desirable

- Level 3 Personal Trainer; sports related degree or equivalent fitness qualification
- Experience of using computerised assessment systems
- Experience of fitness activity programming
- Coaching / teaching qualifications
- Experience of working in a sales environment
- First Aid certificate

Please email your CV together with a covering letter demonstrating how you meet the essential criteria listed above to: William.Doyle@sencio.org.uk

We regret that we are not able to respond to all applicants and if you have not been contacted within 14 days of the closing date then your application has not been successful.

Sencio Community Leisure is committed to being an Equal Opportunities Employer.

Edenbridge Leisure Centre

Stangrove Park
Edenbridge
Kent
TN8 5LU