

Sevenoaks Leisure Centre

19th December - 25th December 2022

PLEASE NOTE: This programme may subject to change. Check sencio.org.uk/sevenoaks/swim for the latest programmes.



	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
MONDAY		Fitness Swim 06:30-8:45		Clubs 12:00			9:00- 12:00	Primetime 50+/VA 12:15-13:15		Public swim 13:30-20:00 Lane swim 13:30-20:00						Fitness swim 20:15-22:00	
TUESDAY		Fitness Swim 06:30-8:45		Clubs 9:00-11:00			Primetime 50+/VA 11:15-12:15		Public swim 12:20-19:45 Lane swim 12:20-19:45						Tri-Club 20:00-21:00		Fitness Swim 21:15- 22:00
WEDNESDAY		Fitness Swim 06:30-09:15			Inflatable party 10:00-11:00	Inflatable party 11:00-12:00		Inflatable 12:30-13:30 bookable	Inflatable 13:30-14:30 bookable		Public swim 15:00-19:45 Lane swim 15:00-19:45					Clubs 20:00-22:00	
THURSDAY		Fitness Swim 06:30-8:45		Clubs 9:00-11:00			Primetime 50+/VA 11:15-12:15	Public swim 12:15- 14:00 Lane swim 12:15- 14:00		Aqua 14:15- 15:00		Public swim 15:15-20:45 Lane swim 15:15-20:45					Fitness Swim 21:00-22:00
FRIDAY		Fitness Swim 06:30-09:00		Clubs 9:00-11:00			Zumba Aqua 11:30- 12:15	Primetime 50+/VA 12:20-13:15		Public swim 13:30-20:00 Lane swim 13:30-20:00							Fitness Swim 20:15-22:00
SATURDAY	CLOSED																
SUNDAY	CLOSED																

Please Note: If a session is full, you may not be permitted entry to the session.

Please Note: We occasionally run private 1-2-1 swimming lessons throughout a public sessions and lane swims. A lane may be required for use at this time.

Teaching pool



	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
MONDAY													Family Swim 09:00-18:00			
TUESDAY													Family Swim 09:00-18:00			
WEDNESDAY													Family Swim 12:15-18:00			
THURSDAY													Family Swim 09:00-18:00			
FRIDAY													Family Swim 09:00-18:00			
SATURDAY	CLOSED															
SUNDAY	CLOSED															

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